

Exercise Science – B.S. – 2021-22

To the student: Please make sure you are using the correct check sheet based on your enrollment year. YOU are responsible for making sure you are on the correct check sheet and completing all program requirements accurately and on time.

Min Total Hours Required: 120
Total Lib Arts Hrs Req'd: 60
Min overall GPA for mjr accept & grad: 2.0
Other: Min major GPA of 2.0
Other: No grade less than C- in major

Residence Requirements:
31 Hrs at RWC
15 Hrs in Major at RWC
Of last 31 Hrs, 24 at RWC

Name: _____

Shared Core		SHr	Grd
FYSE 1000	First Year Seminar	2	
COMP 1010	Prin Writing	3	Min C-
PHST 1300	Personal Wellness	1	
BIBL 1010	Encounter the OT	3	
BIBL 1020	Engaging the NT	3	
ECON 1050	Personal Financial Success	1	
HIST 1400	Western History Global Cont	3	
SRSE 4100	Senior Seminar	2	

Choice Core		SHr	Grd
COMP 1020	Writing & Research	3	
PHIL 2202	Philosophical Ethics	3	
LITR 1010	Intro Literature	3	
COMM 1105	Fund of Oral Communicatio	3	
PSYC 1010	General Psychology	3	
	Social Science	3	
N/A	Lab Science	N/A	N/A
N/A	Mathematics	N/A	N/A
	Fine Arts	4	

Foreign Language		SHr	Grd
	Foreign Language♦	3	
	Foreign Language♦	3	
	Foreign Language♦	3	

Honors program students will have substitutions for several Gen Ed courses

♦Or proficiency as outlined in the College catalog

Other Elective Credits to Reach 120 Hours		SHr	Grd

Major Requirements: 62 Hours		SHr	Grd
BIOL 1110&L	General Biology I & Lab	3,1	
Select one of the following sequences:			
BIOL 2010&L	Human Anatomy/Physiology I & Lab	3,1	
BIOL 2020&L	Human Anatomy/Physiology II & Lab	3,1	
OR			
BIOL 3200&L	Comparative Anatomy & Lab	3,1	
BIOL 3210&L	Physiology & Lab	3,1	
AND			
NRSG 2200	Principles of Nutrition	3	
BIOL 3230&L	Exercise Physiology & Lab	3,1	
EXSC 3240&L	Exercise Testing & Prescription & Lab	3,1	
EXSC 3250	Athletic Injury Prevent & Treat	3	
EXSC 3260	Motor Development	3	
EXSC 4500	Exercise Science Internship	2-3	
EXSC 4980	Undergraduate Research	1-3	
PSYC 3100	Health Psychology	3	
PHST 2020	First Aid/CPR (Professional)	2	
PEDU 2500	Scientific Bases of Exercise	3	
PEDU 3400	Analysis of Human Motion	3	
PEDU 3600	Motor Learning	3	
SPMM 2020	Principles of Sports Management	3	
Additional Requirements			
CHEM 1110&L	Principles of Chemistry I & Lab	3,1	
CHEM 1140	Intro to Gen, Organic & Bioch. & Lab	4	
MATH 2400	Elementary Statistics	3	
CSCI 1010 or CSCI 2010	Introduction to Computers or Computer Science I	2 4	

Electives Needed for Pre-PT		SHr	Grd
PHYS 1001&L	General Physics I & Lab	3,1	
PHYS 1002&L	General Physics II & Lab	3,1	
BIOL 1120&L	General Biology II & Lab	3,1	

Shading=Lib Arts