

# Bystander Intervention

**Bystander Intervention:** A safe and positive course of action that may be carried out by an individual to prevent harm or intervene where there is a risk or an act of violence.

## How CAN you Be a Positive Bystander?

### Direct

“Would you like me to stay with you?” *or* “Hey, are you ok?”

### Distract

Create a diversion and/or bring other people into the situation.

### Delegate

Ask a friend, a RA or other support person

